

# Mike Kennedy Memorial Dutch-Oven Cook-off Rules

## Scottish Style



1. This cook-off will consist of a Scottish main dish and/or a dessert. Recipes may be found on-line or at the library. A prize will be awarded in each. Here are 2 suggested web-sites:  
[http://www.rampantscotland.com/recipes/blrecipe\\_index.htm](http://www.rampantscotland.com/recipes/blrecipe_index.htm)  
<http://www.homemade-dessert-recipes.com/scottish-dessert-recipes.html>
2. A troop may enter one or both types. Only one of each per Troop. Troop must be registered for Camporee.
3. Only youth members may participate. Adult volunteers may instruct but may not have "hands-on" during the preparation or cooking.
4. Know and practice safe food handling procedures.
5. Each entry must have a 3x5 card (available at camp office) with the name of the dish and its ingredients listed. (Please note if the dish is spicy) Do not include your units' number or have any other identifying information on the card.
6. All ingredients must be combined, chopped, sliced, diced and cooked on site including garnishes and marinades. For safety reasons, no ingredients prepared or processed at home are allowed. All cooking must be done in an approved (factory made) Dutch-Oven and everything cooked must be presented to the judges with the exception of excess gravies and sauces. Removing burnt or undercooked sections of food may result in point deductions or disqualification.
7. Battery operated or electrical devices, such as mixers or blenders, are not allowed in the preparation of food. Digital thermometers and digital scales are allowed.
8. All dishes must be presented to the Food Judges' table by 5:30 pm. All entries must be on time. All foods submitted for judging should be displayed in the cooking pot. Garnishing should be simple, complement the dish being presented, and not distract from it. This is not a garnishing contest. Garnishes should be edible. Dishes may be picked up after 6 pm.
9. Use good fire safety practices. Keep yourself and the public safe. Propane stoves may not be used. Leave No Trace ethics should be employed when cooking.
10. Dishes will be judged on appearance, taste and originality.
11. All judging decisions are final. Ties will be decided by a drawing.
12. Results of the competition will be announced at the evening's campfire.
13. Remember this competition is for FUN.

*A Scout is Trustworthy, Cheerful and Kind.*